



Vikings League Shootouts procedures for U11 – U14

Vikings League allows for immediate substitution following tied matches if their matches say they go to shootouts in the event of ties. For U10 matches, there are NO shootouts.

PROCEDURES TO DETERMINE THE WINNER OF A MATCH OR HOME-AND-AWAY

- Vikings league allows players to immediately sub for shootouts. Only nine players are allowed for U11 and eleven player for U12 – U14 to take kicks from the penalty mark (usually 12 yards from the goal line)
- There should be a coin toss where the home team gets to call heads or tails. Winner of the coin toss chooses to go first or second.
- Remind kicker they must wait for the whistle.
- Remind goal keeper they must stay on the goal line. He/She may move side to side, but may not come forward until the ball is kicked (not the whistle) Look to see if both feet have left the line before the kick to decide if the kick must be retaken. The goal would count if the ball goes in.
- Position yourself to see both whether the ball enters the goal and whether the keeper encroaches.
- Each kick is taken by a different player and all eligible players must take a kick before any player can take a second kick (keep track of jersey numbers so the same kicker doesn't go twice). After the first five kickers from each team goes and there is no winner, it goes to sudden death where each team gets to kick until an equal number of kicks (one from each team) until a winner is determined.
For example, it is tied 3,3 in PKs and five players from each team have already made their attempt, Player #6 from team A goes followed by player #6 on team B. This is the sudden death part.
- Only the eligible players and match officials are permitted to remain on the field of play when kicks from the penalty mark are being taken. Coaches and any remaining players must stay on the sideline/technical area. No spectators are allowed to encroach.
- All players, except the player taking the kick and the two goalkeepers, must remain within the center circle.
- The goalkeeper who is the team-mate of the kicker must remain on the field of play, outside the penalty area in which the kicks are being taken, on the goal line where it meets the penalty area boundary line.